

## This First Page Contains Services Provided Here in Three Points Emergency Food, Clothing & Other Services

### NEW HOURS

**The HUB White Building at 16150 W Ajo Hwy is now home to both  
My Friends Closet and Robles Ranch Food Bank**



16150 W Ajo Hwy  
Tucson, AZ 85735

On the same property as the Robles Ranch Community Center

#### Our Store Hours

Tuesday 10 AM to 1 PM, Wednesday 3 PM to 6 PM  
Thursday 10 AM to 1 PM

### Robles Ranch Food Bank

16150 W Ajo Hwy  
Tucson, AZ 85735

On the same property as the Robles Ranch Community Center

#### Our Store Hours

Tuesday 10 AM to 3 PM, Wednesday 3 PM to 6 PM  
Thursday 10 AM to 3 PM



### Serenity Baptist Church Food Ministry

15501 W Ajo Hwy, Tucson,

Thursday morning from 8-9:30 AM is our Food Ministry. (Except Holidays} This is a drive thru ministry. We prepare the boxes inside & deliver to the front of the parking lot.

Office hours are M-F 9 am-1 pm. If you have questions or a need, please call 520-822-2026. Leave your name, phone # and a brief message and you will be called as quickly as possible.



### Pima County Parenting Coalition

<https://pimaparenting.org/>

#### They Offer Classes, Workshops & Events

This is where you will find the classes & workshops held at the

### Family Resource Center at Robles Elementary School

as well as at other Family Resources Centers.

**For children 5 years of age and under. Open All Summer**

#### In Home Family Support

If you would like us to help you find the best program for your needs, please fill out our referral form and we will match you with a program that best fits your needs.

Programs for prenatal first time mothers to families with very young children



### The McKinney-Vento Act Federal Program To Help Homeless Children/Families

**McKinney-Vento Liaison  
Altar Valley School District #51  
Contact Evelyn See  
520-822-9343**

Your preschool and school-aged child(ren) may qualify for certain rights and protections under Federal McKinney-Vento Act if your family lives in any of the following situations:

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>In a shelter</li> <li>In a motel/hotel</li> <li>In a car, park, abandoned building, bus or train station</li> </ul> | <ul style="list-style-type: none"> <li>Doubled up with other people due to loss of housing or economic hardship.</li> <li>In a campground due to the lack of an alternative accommodation.</li> </ul> |
|--|---|

## Other Emergency Food & Clothing



**COMMUNITY  
FOOD BANK**  
OF SOUTHERN ARIZONA

3003 S Country Club Rd  
Tucson, AZ 85713  
520.622.0525

Our mission is to change lives in the communities we serve by feeding the hungry today, and building a healthy, hunger-free tomorrow.

**Caridad Community Kitchen**  
845 N Main Ave, Tucson, AZ 85705

**Child Nutrition Program**

Offers free community meals for anyone in need. Our culinary training program offers individuals with barriers to employment the chance to learn new skills, gain confidence, and succeed.

Our Child Nutrition Programs focus on providing the most nutritious food possible to local kids and families. We work with schools, libraries, and other community hubs to make healthy, kid-friendly food accessible. No child should have to wonder where their next meal will come from.

**Garden Program**

Our Farm & Garden programs provide community spaces, education, and resources for anyone who wants to start growing. Gardening should be accessible to everyone!



<https://diaperbank.org/>

If you need assistance please go to the website and submit a request.



<https://www.impactsoaz.org/>

Monday - Friday  
8:00-4:30  
520-825-0009

**Main Office & Food Bank**

3535 E. Hawser Street  
Tucson AZ 85739  
Just north of the Basha's Shopping Center

**Loving Threads Clothing Bank**

15920 N Oracle Rd Catalina, AZ 85739



17750 S. La Cañada Drive  
Sahuarita, AZ 85629  
(520) 777-7675

<https://www.sahuaritafoodbank.org/>

We're so much more than a food bank! Visit our website to see classes and events available.

## Health



**Clínica Amistad**  
A Project of Amistad y Salud

**Clínica Amistad**  
El Pueblo Neighborhood  
Center

Clinica Amistad is Tucson's only completely free health clinic. Its mission is to provide free integrative healthcare to the poor and uninsured in the Tucson region.

101 W Irvington Road, Building 3-C, Tucson, AZ 85714

Hours: **Every Wednesday and Thursday: 5-9 PM**  
**First Saturday of every month:**  
10 AM - 2 PM (Closed Holidays)  
**520 305-5107**

Website <https://www.clinicaamistad.org/>



Building a healthy Arizona  
with people who use drugs

Sonoran Prevention Works was founded by and for people who use drugs. We started with a singular focus: everyone should have access to the knowledge, tools, and community they need to be safe and healthy. Today we're committed to making that a reality at the micro, mezzo, and macro levels through street-based outreach, organizational capacity building, and state-wide advocacy work.

Local Outreach Specialist Jackie Britain

C 928-215-3249

O 480-442-7086

<https://spwaz.org/>

[jbrittain@spwaz.org](mailto:jbrittain@spwaz.org)

### Community Outreach Program for the Deaf

Catholic Community Services of Southern  
Arizona, Inc

101 W Irvington Road,  
Building 3-C, Tucson, AZ  
85714

Community Outreach Program for the Deaf (COPD) provides services throughout Arizona to persons with a hearing loss. COPD is considered a grassroots organization partnering with Deaf, Hard of Hearing, and Deaf-Blind persons and organizations in establishing services and providing a "one-stop" center for persons with a hearing loss.

[request@copdaz.org](mailto:request@copdaz.org)

COPD Phone: (520) 792-1906

Interpreter Requests: (520) 792-1906 ext 7346 and VP  
(520) 300-9236

COPD Fax: (520) 770-8544

Hours: **Every Wednesday and Thursday: 5-9 PM**  
**First Saturday of every month:**  
10 AM - 2 PM (Closed Holidays)  
**520 305-5107**

Website. <https://www.copdaz.org/>



Services For The Blind.  
Children, Youth & Transition,  
Seniors

<https://saavi.us/>

Please email [getsaaavi@saavi.us](mailto:getsaaavi@saavi.us)  
or call 520-795-1331.



**BAYADA®**  
Home Health Care

### Bayada Home Health Care

81 E Esperanza Rd St 100A, Green Valley, AZ 85614

Email: [gvaoffice@bayada.com](mailto:gvaoffice@bayada.com) Phone: 520-648-7170

**The Three Points area is managed by  
The Green Valley Office**

<https://www.bayada.com/personal-care-and-companionship/locations/az/green-valley/81-esperanza-blvd-suite-100a/10232>


BAYADA provides personal care and non-medical assistance for adults and seniors facing challenges with everyday tasks due to health issues or aging. Our services support safe, independent living and offer companionship, assistance, and supervision, including those living with dementia or Alzheimer's disease.


Our skilled professionals, including BAYADA Home Health Aides, Certified Nursing Assistants, Homemakers, and Companions, excel in assisting clients to maintain independence at home—where they prefer to be.

Additionally, our professionals are supervised by a Clinical Manager who is a Registered Nurse. Whether short-term or ongoing care is needed, we match the client's needs with the right BAYADA professional. BAYADA offers 24/7 support in the home or via telephone.

## Suicide or Mental Health Help


 <p><b>American Foundation for Suicide Prevention</b></p>	<p>Are you in a crisis? Call or text <a href="tel:988">988</a> or text <a href="tel:741741">TALK to 741741</a></p>
<p>The Arizona chapter of the American Foundation for Suicide Prevention (AFSP) is a nonprofit organization dedicated to providing education, resources, and support to individuals and families affected by suicide.</p>	
<p>Use their GET HELP tab on the website to access how to talk to someone or know the signs..</p>	
<p><a href="https://afsp.org/">https://afsp.org/</a></p>	

	<p><b>988 Suicide &amp; Crisis Lifeline</b></p>
<p><b>We Can All Prevent Suicide</b></p> <p>Understanding the issues concerning suicide and mental health is an important way to take part in suicide prevention, help others in crisis, and change the conversation around suicide.</p>	
<p><b>For More Info Go To Website</b></p>	<p><a href="https://988lifeline.org">https://988lifeline.org</a></p>

	<p><b>National Alliance on Mental Illness Southern AZ</b></p> <p><a href="https://www.namisa.org">https://www.namisa.org</a></p>		
<p><b>Need Help Now</b></p>			
<p><b>#1 Talk Now 1</b></p>	<p>Call Community Crisis Line 520-622-6000 or 988 Suicide Prevention Life Line</p>	<p><b>#2 Walk In</b></p> <p>Walk-in is available 24 hours a day 7 days a week</p>	<p>Crisis Response Center 2802 E District St. Tucson, AZ 85714 (south of AJo Way and Country Club)</p>
<p><b>#3 Call for help from other crisis facilities</b></p>			
<p><b>Banner University Medical Center</b></p>	<p>Call (520) 694-0111 University Medical Center 501 N Campbell Ave Tucson, AZ 85724</p>	<p><b>St. Joseph's Hospital</b></p>	<p>Call (520) 873-3884 350 N Wilmot Rd Tucson, AZ 85711</p>
<p><b>Banner University Medical Center (South Campus)</b></p>	<p>Call (520) 874-2000 University Medical Center (South Campus) 2800 E Ajo Way Tucson, AZ 85713</p>	<p><b>St. Mary's Hospital Behavioral Health</b></p>	<p>(520) 872-4910 1601 W St Mary's Rd Tucson, AZ 85745</p>
<p><b>Sonora Behavioral Health (Northwest Hospital)</b></p>	<p>Call (520) 469-8700 or 1 (800) 349-0083 6050 N Corona Rd Tucson, AZ 85704</p>	<p><b>Veterans Affairs Medical Center</b></p>	<p>Call (520) 792-1450 3601 S 6th Ave Tucson, AZ 85713</p>
<p>Welcome to a very special organization! NAMI Southern Arizona is an affiliate of the National Alliance on Mental Illness (NAMI). NAMI has hundreds of affiliates in all 50 states. We are a non-profit, grassroots organization providing no-cost advocacy, education, and support to all those affected by mental illnesses. Since 1983, NAMI of Southern Arizona has been helping individuals with mental illness and their families. Many of our programs, services and literature are also available in Spanish</p>			


## Youth & Parenting Services


	<p>Las Familias Program Support 800.944.7611</p>
<p>Located in all 15 Arizona counties, we provide a variety of programs and services to meet the needs of nearly 30,000 children, youth and families each year. Our programs target the type of future we all want to see: a future where every child has a safe and loving home and families are supported through difficult and trying circumstances.</p>	
<p><b>Child Welfare</b> Foster Care &amp; Adoption Young Adult Services Family Education &amp; Support Kinship Support</p>	<p><b>Behavioral Health</b> Behavioral Health &amp; Trauma/ Crisis Response Neurosequential Model of Therapeutics</p>
<p><a href="https://www.arizonaschildren.org/">https://www.arizonaschildren.org/</a></p>	

	<p>3922 North Mountain Ave Tucson, AZ 85719  Phone: <u>520-322-9155</u></p>
<p>Tu Nidito is a Safe Place... where children, teens, young adults and families find comfort, hope and support while they are grieving the diagnosis of a serious medical condition or the death of a loved one. All programs are offered in English and Spanish, at no cost to children and families.</p>	
<p><a href="https://tunidito.org/">https://tunidito.org/</a></p>	<p><a href="mailto:info@tunidito.org">info@tunidito.org</a></p>

	<p>Happy Families  888-241-5002</p>
<p>Healthy, happy families are key to any community. At Child &amp; Family Resources, we strive to provide Arizona households with the resources they need to welcome a new baby into the world and foster a healthy environment. Our clients enjoy free, in-home services that help navigate the waters of parenthood. We have locations all over Arizona, and our team prides itself on easily accessible services. Contact our nearest location to become a client of Healthy Families!</p>	
<p><a href="https://www.childfamilyresources.org/healthy-families/">https://www.childfamilyresources.org/healthy-families/</a></p>	

	<p>(520) 327-2288</p>
<p><a href="mailto:customercare@girlscoutsoaz.org">customercare@girlscoutsoaz.org</a></p>	
<p><a href="https://www.girlscoutsoaz.org/">https://www.girlscoutsoaz.org/</a></p>	


	<p>2525 N Country Club Rd Tucson, AZ 85716</p>
<p>Youth On Their Own (YOTO) is a dropout prevention program that supports the high school graduation and continued success of youth experiencing homelessness in Pima County.</p>	
<p><a href="https://yoto.org/">https://yoto.org/</a></p>	<p>Phone: 520.293.1136</p>


 <p><b>Arizona Department Of Economic Security</b></p>	<p><b>Developmental Disabilities</b>  <b>Office Hours:</b> Monday - Friday, 8:00 a.m. - 5:00 p.m. (Arizona Time)</p>
<p><a href="https://des.az.gov/ddd">https://des.az.gov/ddd</a></p>	<p>Toll Free (844) 770-9500 option 1</p>
<p><a href="mailto:DDDCustomerServiceCenter@azdes.gov">DDDCustomerServiceCenter@azdes.gov</a></p>	
<p>The Division of Developmental Disabilities empowers individuals with developmental disabilities to lead self-directed, healthy and meaningful lives. DDD provides supports and services for eligible Arizonans. DDD provides supports and services to individuals diagnosed with one of the following developmental disabilities:</p>	
<ul style="list-style-type: none"> <li>• Autism;</li> <li>• Cerebral palsy;</li> <li>• Epilepsy;</li> <li>• Cognitive / Intellectual Disability;</li> </ul>	<ul style="list-style-type: none"> <li>• Developmental Disability</li> <li>• Down Syndrome; or</li> <li>• Are under the age of six and at risk of having a Developmental Disability</li> </ul>




## Organizations That Offer Multiple Categories Of Help


	
<b>Community &amp; Workforce Development</b>	
<p>The Community and Workforce Development (CWD) department connects individuals, families, neighborhoods, businesses, and community-based organizations to a network of resources, supports, and services essential for learning, working, living, and thriving in Pima County.</p> <p><a href="https://www.pima.gov/804/Community-Workforce-Development">https://www.pima.gov/804/Community-Workforce-Development</a></p>	
<b>Help begins with One-Stop</b>	
<p><b>Local One Stop Resource Navigator is Anna Camarillo.</b> She can help you find the service or Resource you need.</p>	
<b>520-345-2095</b>	<a href="mailto:ana.camarillo2@pima.gov">ana.camarillo2@pima.gov</a>
<b>Assistance &amp; Services</b> <a href="#">Rental Assistance &amp; Eviction Prevention</a> <a href="#">Emergency Eviction Legal Services</a> <a href="#">Pre-School</a> <a href="#">Homeless Services</a> <a href="#">Prescription Assistance</a> <a href="#">Transportation</a> <a href="#">Utility Assistance</a> <a href="#">Foreclosure Prevention</a>	<b>Personal Care Assistance</b> <a href="#">Food Assistance</a> <a href="#">Medical Resources</a> <a href="#">Money Management</a>  <b>Employment Assistance</b> <a href="#">Hiring Events &amp; Job Fairs</a> <a href="#">One-Stop Job Center</a> <a href="#">Training and Workshops</a> <a href="#">Veteran Job Services</a> <a href="#">Youth Employment Center</a> <a href="#">Business Services</a> <a href="#">Summer Youth Employment</a>
<b>Community Development &amp; Resources</b> <a href="#">Community Development</a> <a href="#">Educational Services</a> <a href="#">Faith Based &amp; Community Initiatives</a> <a href="#">Ending Poverty Now</a> <a href="#">The Prosperity Initiative</a>	<b>Educational Resources</b> <a href="#">Las Artes Program</a> <a href="#">Pima Early Education Program (PEEPS)</a> <a href="#">Pima Vocational High School</a> <a href="#">Pima County Public Library</a> <a href="#">Career Online High School</a>
<b>Housing Services</b> <a href="#">Affordable Housing</a> <a href="#">Home Repair</a> <a href="#">Home Buyer/Owner Resources</a> <a href="#">Mortgage/Rent Assistance</a> <a href="#">Rental Resources</a> <a href="#">Special Needs Resources</a>	

	<b>More Info Community &amp; Workforce Development</b>
Here are other phone numbers	
<p style="text-align: center;"><a href="#">Employment assistance/job training</a>          – Pima County One-Stop, <a href="tel:724-7700">724-7700</a> or <a href="tel:724-7650">724-7650</a>  <a href="#">Veteran Job Services</a>          – Kino Veterans Workforce Center, <a href="tel:724-2646">724-2646</a>  <a href="#">Home Repair Assistance</a> – Home Repair Program, <a href="tel:724-2460">724-2460</a>  <a href="#">Utility Assistance</a> –          Community Assistance Division, <a href="tel:724-2667">724-2667</a> (call between 8 am – noon to 1 pm – 5 pm, Monday through Friday)  <a href="#">Unemployment insurance</a> – Department of Economic Security</p>	


	1002 N. Main Avenue, Tucson, AZ 85705 520.795.9671
<a href="https://www.salvationarmytucson.org/">https://www.salvationarmytucson.org/</a>	
Office Hours MONDAY-FRIDAY 8am - 4.30pm	
Adult Rehabilitation Centers After School Programs Hospitality House Shelter Operation Chill Out Tucson Social Services	Salvation Army Summer Camp All Nations Corps Community Center Amphi Corps Community Center Emergency Disaster Services

	<a href="mailto:info@icstucson.org">info@icstucson.org</a> <a href="tel:+15202976049">+1 (520) 297-6049</a>
<a href="https://www.icstucson.org/">https://www.icstucson.org/</a>	
<b>Emergency Assistance</b> Emergency Financial Assistance Food Bank  <b>Senior Services</b> ICS Help at Home Mobile Meals Senior food boxes Transportation	<b>Self- Sufficiency Programs</b> Employment Assistance Bridges Financial Management Course Getting Ahead Workshops Single Mom Scholars Tax Prep Assistance


	Southern Arizona Aids Foundation
LGBTQ+ Anti-Violence Support Line <b>1-800-553-9387</b>	
<b>Monday-Friday: 8am – 7pm</b>	
<a href="https://saaf.org/">https://saaf.org/</a>	520-628-SAAF (7223)
<b>OUR PROGRAMS AND SERVICES</b>	
<ul style="list-style-type: none"> <li>• Our <a href="#">case management</a> team provides safe and comfortable support and provides access to resources.</li> <li>• The <a href="#">housing</a> team helps individuals with housing opportunities and rental assistance.</li> <li>• <a href="#">Food For Life</a> provides individuals with food through our pantry and cooked meals for those in need.</li> <li>• In our <a href="#">clinic</a>, SAAF Health, our nurse practitioners provide safe and comfortable care to individuals of all walks of life.</li> <li>• The <a href="#">Travis Wright Memorial Buyers' Club</a> provides the community with discounted vitamins and over-the-counter medications.</li> <li>• <a href="#">PrEP &amp; PEP</a> are medications SAAF can provide to help stop the spread of HIV/AIDS and keep individuals safe and protected.</li> <li>• Our <a href="#">Syringe Access Program</a> (SAP) provides the community with new syringes in exchange for used ones.</li> <li>• SAAF provides <a href="#">education</a> about HIV/AIDS and LGBTQ+ to anyone in the community willing to learn.</li> <li>• With our <a href="#">Anti-Violence Project</a>, team members will provide support and emergency services to those threatened with violence.</li> <li>• The <a href="#">Thornhill Lopez Center on 4th</a> provides individuals aged 13-24 with an array of services including our Eon youth lounge, a place for LGBTQ+ youth to spend their time with individuals like them, <a href="#">suicide prevention training</a>, <a href="#">substance abuse prevention</a> and <a href="#">relationship support</a>.</li> <li>• EON Youth Lounge offers Tucson's LGBTQ+ youth community a safe youth-driven space to access services and programming.</li> <li>• ALLY (Arizona Life Links for Youth) Suicide is a leading cause of death in young people ages 15-24 in Arizona, with Lesbian, Gay, Bisexual, Transgender, Queer, and more (LGBTQ+) youth being up to 6x more likely to attempt suicide than their heterosexual peers. ALLY targets LGBTQ+ and allied youth between the ages of 13 and 24 and builds their skills through two evidence-based interventions (1) the Sources of Strength curriculum for youth and (2) Question, Persuade, &amp; Refer training for the community.</li> </ul>	

	Jewish Family & Children's Services of Southern Arizona
JFCS of Southern Arizona provides counseling and community services to all.	
<a href="https://jfcstucson.org/">https://jfcstucson.org/</a>	(520) 795-0300
<ul style="list-style-type: none"> <li>• <b>Counseling</b> JFCS is here to provide therapeutic support online or by phone to anyone who needs it.</li> <li>• <b>Older Adult Services</b> Our Older Adult Services provide a range of services to those in need.</li> <li>• <b>Emergency Financial Assistance</b> We can help individuals and families in our community who are experiencing financial struggles and crisis.</li> <li>• <b>Abuse &amp; Neglect Prevention Services for Families</b> Supporting families and providing resources to help each family achieve their goals.</li> <li>• <b>Divorce Recovery</b> Divorce Recovery provides support to local Tucsonans going through a divorce or separation.</li> <li>• <b>HoME</b> The HoME Durable Medical Equipment (HoME DME) program improves the quality of life for eligible low-income Pima County residents by providing new durable medical equipment, at no cost, to keep people safe and healthy in their homes. Durable medical equipment includes wheelchairs, walkers, canes, commodes, grab bars, nebulizers, blood pressure and oxygen monitors, shower chairs, etc</li> <li>• <b>Project Safe Place</b> Project Safe Place (PSP) has provided trauma-informed behavioral health services to individuals who are witness to or victims of crime for over twenty years.</li> </ul>	


## Elder & Homeless Services

		<b>Pima Council on Aging</b> Mailing Address: 8467 E Broadway, Tucson, AZ 85710	
<a href="https://pcoa.org/">https://pcoa.org/</a>		<b>Helpline (520) 790-7262</b>	<b>Caregiving</b>
<b>In-Home Support</b> <ul style="list-style-type: none"> <li>• <a href="#">Become a Direct Care Worker</a></li> <li>• <a href="#">Caregiver Training Institute (CGTI)</a></li> <li>• <a href="#">PimaCare at Home (PCAH)</a></li> <li>• <a href="#">Neighbors Care Alliance (NCA)</a></li> <li>• <a href="#">Emergency Alert Systems</a></li> <li>• <a href="#">Pima Meals on Wheels</a></li> <li>• <a href="#">Help at Home</a></li> <li>• <a href="#">Home Repair &amp; Adaptation</a></li> </ul>		<b>Aging Well</b> <ul style="list-style-type: none"> <li>• <a href="#">Memory Cafés</a></li> <li>• <a href="#">Dementia Capable Southern Arizona</a></li> <li>• <a href="#">EnhanceFitness</a></li> <li>• <a href="#">Katie Dusenberry Healthy Aging Center</a></li> <li>• <a href="#">Visibility Matters</a></li> <li>• <a href="#">Falls Free Pima</a></li> <li>• <a href="#">Aging Mastery Program</a></li> <li>• <a href="#">Housing</a></li> <li>• <a href="#">Transportation</a></li> <li>• <a href="#">Healthy Living Classes</a></li> <li>• <a href="#">Community Lunch Program</a></li> </ul>	
<b>Healthcare</b> <ul style="list-style-type: none"> <li>• <a href="#">Senior Medicare Patrol (SMP)</a></li> <li>• <a href="#">Medicare</a></li> </ul>		<b>Money &amp; Legal</b> <ul style="list-style-type: none"> <li>• <a href="#">FreeWill</a></li> <li>• <a href="#">Rights and Benefits</a></li> <li>• <a href="#">Utility Discounts</a></li> <li>• <a href="#">Budgeting Assistance</a></li> <li>• <a href="#">Abuse &amp; Exploitation</a></li> <li>• <a href="#">Legal Assistance</a></li> <li>• <a href="#">Long-Term Care Ombudsman</a></li> <li>• <a href="#">End of Life Care Planning</a></li> </ul>	

	<b>SOUTHERN ARIZONA Administrative Offices</b> 1625 N. Alvernon Way Suite 101 Tucson, AZ 85712
<p>ARC strives to create family stabilization by securing housing for underserved populations through the provision of resources for new homebuyers and distressed homeowners and renters, and serving the critical needs of neglected elderly in need of safety, care assistance, and housing stability.</p> <p><b>ARC's Elder Shelter Coordination &amp; Placement</b>  Program has supported seniors in crisis for 30 years, who need care, helping them locate safe and affordable assisted living in collaboration with medical and care management providers.</p>	
<p style="text-align: center;"><b>ELDER CRISIS HOTLINE</b>  <b>(520) 339-2801 – 24/7</b></p>	
Email: <a href="mailto:info@arc-az.org">info@arc-az.org</a>	(520) 623-9383

	1050 S Park Ave, Tucson, AZ 85719 520-909-3905
<p>Sister José Women's Center is a Tucson-based 501(c)(3) nonprofit organization that exists to aid and transform the lives of women who are unhoused.</p>	
<a href="https://sisterjose.org/">https://sisterjose.org/</a>	

<b>Catholic Community Services Meals On Wheels</b>	(520) 624-1562 5009 E. 29th Street Tucson, AZ 85711
<p>Home-bound seniors get a well-rounded meal that helps them live independently in their homes and offers vitally important nutrition. CCS - Tucson's Home-Delivered Meals program delivers twice weekly. During each visit, our drivers check on the well-being of the seniors. Five meals are provided each week.</p>	
<p style="text-align: center;"><b>As of June 10, 2024 there is a 6 mo wait list</b></p>	
Kara Melton	<a href="mailto:karam@ccs-soaz.org">karam@ccs-soaz.org</a>

	2590 N. Alvernon Way, Tucson, AZ 85712   (520) 323-1708
<p><b>Our Family's Emergency Shelter Services.</b> When a family is experiencing homelessness, Our Family Services is a point of entry for them to launch their fresh start. We partner with 30 other community programs to get families housed. One of Our Family's strengths is that we don't just get a family housed, we keep them housed.</p>	
<p><b>The Common Unity Program (CUP)</b> provides transitional housing for pregnant and parenting homeless young women ages 18-21 and their children.</p>	
<p style="text-align: center;">For a Safe Place call: (520) 320-5122</p>	
<a href="https://www.ourfamilyservices.org/">https://www.ourfamilyservices.org/</a>	



## Elder & Homeless Services

### Arizona Rental Assistance

Arizona Department of Economic Security (DES) has launched the Arizona Rental Assistance program for eligible low-income seniors and families with children. This is not a Pima County program. For more information visit the DES portal at [era.azdes.gov](http://era.azdes.gov) or 1 (833) 912-0878.

If you are facing eviction, please visit [Emergency Eviction Legal Services](#) or call **(520) 724-3357**. Our Emergency Eviction Legal Services team can connect eligible tenants with legal services, help litigants navigate the eviction process, and connect individuals with other resources like job assistance.



The Primavera Foundation  
Administrative Offices:  
**(520) 882-5383**  
Monday-Friday, 8 a.m.–5 p.m.  
Closed Saturday and Sunday

The Primavera Foundation is co-creating pathways out of poverty through housing, workforce development, homeownership and financial education, and community building and engagement.

#### Emergency Services:

**(520) 623-5111** | FAX: (520) 623-6434

702 S. 6th Ave, Tucson, AZ, 85701

Open 9 a.m.-12:30 p.m.,

Monday, Wednesday, Thursday and Friday

Closed Tuesday, Saturday and Sunday

## Miscellaneous



**EVOLVE RESALE  
STORE AND JOB  
TRAINING PROGRAM**

The Evolve Resale Store & Job Training program (Evolve), is a 6-week program that builds employment opportunities for adults who are in recovery from mental illness and/or substance misuse.

COPE Community Services, Inc.

1477 W. Commerce Court

Tucson, AZ 85746

Phone: (520)792-3293

Fax: (520)792-4336

[communications@copecommunityservices.org](mailto:communications@copecommunityservices.org)



**Community Home  
Repair Projects of  
Arizona**

Community Home Repair is a non-profit agency dedicated to assisting low income homeowners in Tucson and Pima County. We provide emergency home repairs as well as adaptive and safety modifications for people with disabilities.

Community Home Repair Projects of Arizona ®  
PO Box 26215 Tucson, AZ 85726-6215 ROC#259591

Website: <http://www.chrpaz.org/>

520-745-2055



YWCA Southern Arizona  
525 N. Bonita Ave.  
Tucson, AZ 85745

YWCA has been leading the fight for social and economic justice in Southern Arizona since 1917.

Today, although our programs focus on increasing economic security for women and families, YWCA is open to all people, and it has not been a religious organization for more than fifty years. YWCA has many programs for women.

<https://www.ywcatucson.org/>

Phone: 520-884-7810

Email: [info@ywcatucson.org](mailto:info@ywcatucson.org)



14505 N 75th Ave  
Peoria, Arizona 85381

[623-218-648](tel:623-218-648)

Helping combat-veterans and Arizona homeless dogs

<https://soldiersbestfriend.org/>



**Center for Community Mediation  
and Facilitation**

In 1979, the Community Mediation Project launched to provide Tucsonans with a safe and accessible process for resolving conflict. Community Mediation and Facilitation, a 501(c)(3) drawing upon decades of experience and a passion for helping community members communicate thoughtfully and effectively.

[center@centercmf.org](mailto:center@centercmf.org)


Website: <https://centercmf.org/>

## Domestic Abuse Support

	<p><b>AT EMERGE WE BELIEVE...</b> Together, we can build a community where every individual lives free from abuse.</p> <p>For immediate help, call our <b>multilingual</b> hotline to get started. Hotline specialists are ready to take your call <b>24/7</b>:</p> <p style="text-align: center;"><a href="tel:520-795-4266">520-795-4266</a> or <a href="tel:1-888-428-0101">1-888-428-0101</a>.</p> <p style="text-align: center;"><b>Our hotline acts as a gateway to all of Emerge's services.</b></p> <p>Family, friends and community members who are worried for a loved one can call for support too.</p> <p style="text-align: center;"><a href="https://emergecenter.org/">https://emergecenter.org/</a></p>
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<p><b>ARC Elder Crime Victim Services</b></p>	<p>1625 N Alvernon Way Ste 101 Tucson, AZ 85712-3370 (520) 339-2801</p>
<p><a href="http://www.arc-az.org">http://www.arc-az.org</a></p>	
<p>Mon-Thu 9am-5pm, Fri 9am-4pm administration; 24-hours crisis line <b>(520) 339-2801</b></p>	
<p>Provides free individual and group support for older victims of later life domestic violence, elder abuse, neglect, or financial exploitation. Includes assistance with orders of protection, court accompaniment, victim compensation, housing, and other needed services. Also provides advocacy and education.</p>	

## Legal Help

	<p style="text-align: center;"><a href="tel:520-488-3201">520-488-3201</a></p>
<p>Arizona Justice for Our Neighbors (Arizona JFON) welcomes immigrants by providing affordable, high-quality immigration legal services to low-income immigrants, engaging in advocacy for immigrant rights, and offering education to communities of faith and to the public about immigration. Free and low-cost immigration services including workshops on access to asylum.</p>	
<p><a href="https://www.azjfon.org/">https://www.azjfon.org/</a>     <a href="mailto:info@AZJFON.org">info@AZJFON.org</a></p>	

	<p><b>Southern Arizona Legal Aid, Inc</b></p>
<p>SALA's Homeowner and Tenant Protection Program is designed to ensure the maximum number of people are helped by utilizing a tiered level of services which are: first level—legal advice and counseling; second level—brief services; and third level—advanced services up to representation in court or administrative hearings such as Section 8 Voucher hearings. Potential clients can access SALA's service by applying online, by phone, or in person.</p>	
<p><a href="https://www.sazlegalaid.org/connect-with-us/">https://www.sazlegalaid.org/connect-with-us/</a></p>	
<p><b>520-623-9461</b></p>	